I started with CHS in 1999 (Henrietta Ambulance at the time) as a volunteer dispatcher and driver. I became the "Driver **Training Coordinator" shortly** thereafter. I left briefly and came back as a part-time EMT in 2005. I worked a full-time job in marketing while working evenings & weekends at HVA. In 2009, I made the decision to enroll in the MCC paramedic program. At the same time, I went full-time at HVA and eventually became a Lieutenant and Public Information Officer. From there, I was promoted to **Captain and remained in that** position until November 2019 when I made the difficult decision to return to a per diem position. I am currently a **Paramedic and Communications** Specialist. Over the years, I also have EMS experience with Rural/Metro (Dispatch + EMT), **RIT Ambulance, Brighton Ambulance and Greece** Ambulance.



In my free time:



Much of my free time is taken up with friends, family and our 2 cats. I like playing card/board games, reading, traveling, exercising, watching TV, relaxing outdoors, social media and exploring new restaurants!



Most Daring Thing You've Every Done:

I zip-lined a large area of the mountains in West Virginia. Taking that first "plunge" was crazy but also exhilarating. There were maybe 7 different "lines" we did, and each one was better than the next. I highly recommend zip-lining if you're not a major adventure seeker but want to get your feet wet with something that can give you a thrill!



Favorite Movie Quote:

I'm actually not a big movie person. I might only watch 1 or 2 movies per year. I do watch a lot of television, however. I like "period pieces" — particularly shows set in the 60's and 70's (think "Mad Men").



If I had to pick the most shocking thing that people would not know about me:

If I wasn't rooted in WNY and could choose to move anywhere, I would pick San Diego. Also — keep salty snacks away from me! Tortilla chips, Doritos, potato chips, etc. I'll eat the entire bag in one sitting.